

cavod

2019

2020

dance
theatre
gymnastics
music
fitness

Cavod offers a Godly environment that inspires excellence in the arts to build a community and impact lives.

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“Cavod is a great place to encourage your child’s artistic side in a safe, friendly, encouraging, and God-honoring way.”

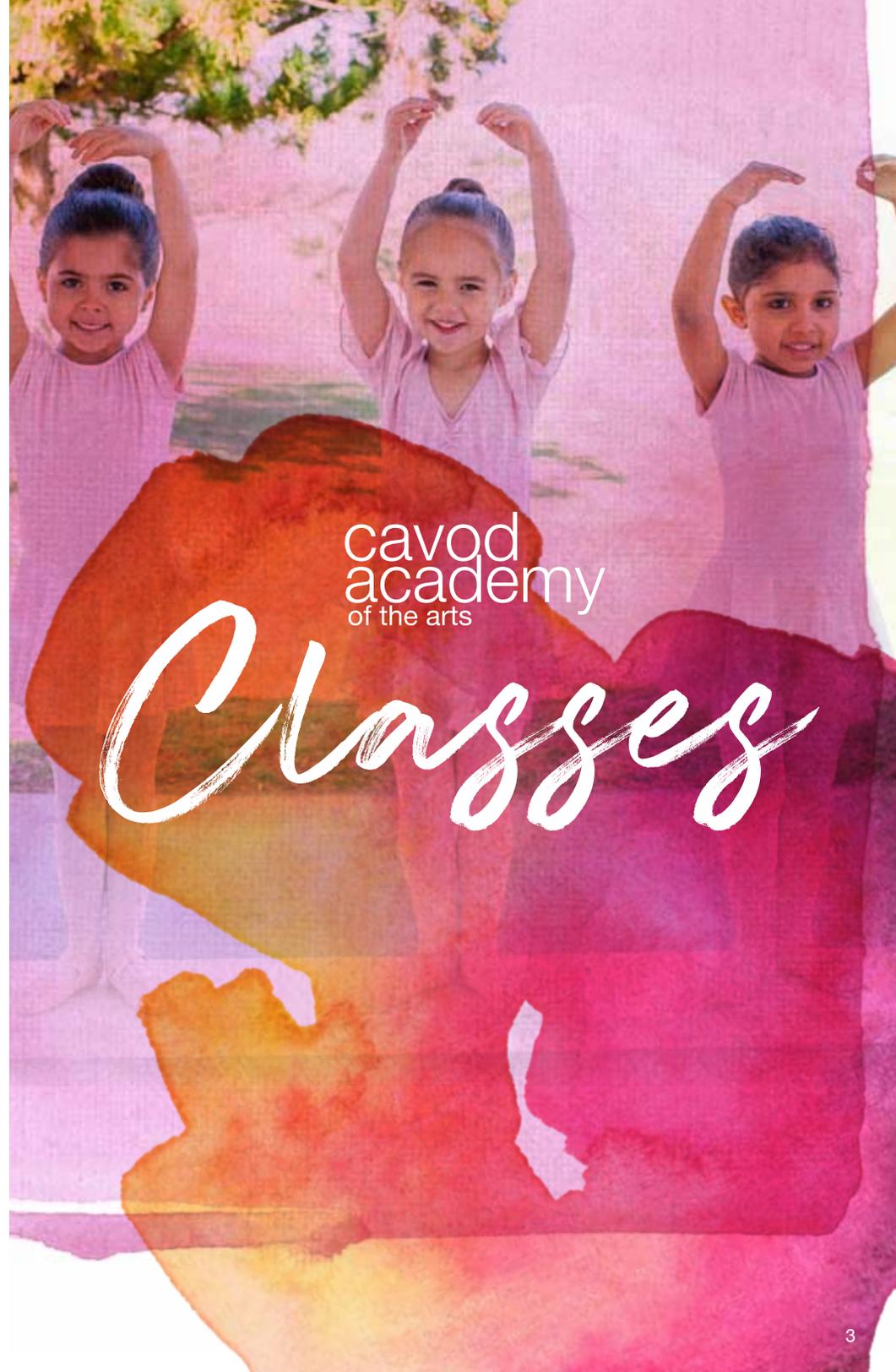
Kathy Schell

“My daughter is in her 6th year at Cavod and she has blossomed into a beautiful young woman. Cavod has become her happy place and she has made lifelong friends here. She has grown not only technically, but spiritually as well. She found her thing and a place to call home!”

Jennifer Junto Houck

“Our two girls have been participating in early arts and tap dance at Cavod ... and we are very pleased with the quality of instruction, the kindness of the staff, and the integrity and Christian values of the organization.”

Andrey Fiske-Esbenshade



cavod
academy
of the arts

Classes



- | | |
|--|--|
| pre-primary
ages 3-4 | ballet 3
ages 10 & up |
| primary 1
ages 5-6 | ballet 4
ages 12 & up |
| primary 2
ages 7-8 | ballet 5
ages 14 & up |
| intro to ballet
ages 10 & up | pre-pointe
ages 10 & up |
| ballet 1A
ages 8 & up | pointe
ages 12 & up |
| ballet 1B
ages 8 & up | variations
ages 14 & up |
| ballet 2A
ages 9 & up | adult ballet
(beginner/
intermediate)
ages 16 & up |
| ballet 2B
ages 9 & up | |

*Private dance lessons for all genres are available upon request



Ballet

Cavod Academy's Ballet Curriculum proudly builds on the foundations of the Italian, French, and Russian schools of ballet in order to bring a well-rounded education to our students. Each level has been created to produce technically sound dancers. During class, students will learn new vocabulary, master musicality, and achieve steps appropriate for their unique level of growth.



Our modern dance program combines strong ballet technique with freedom of movement and expression. Students will build improvisational techniques, partnering skills, and the use of the body to portray emotion. This genre challenges dancers to take risks with their movement and to be creative.

Contemporary encompasses different elements of modern, ballet, jazz, and hip hop. It plays a role in both the commercialized dance world and the fine art dance world, ranging from lyric-driven to abstract movement. It is athletic and often focuses on the use of long extensions, turns, and daring tricks that often transition to and from the floor. The students will largely focus on phrase work and building off of choreography week to week.

- modern A**
ages 8 & up
- modern B**
ages 9 & up
- modern C**
ages 10 & up
- modern D**
ages 12 & up
- advanced modern**
ages 13 & up
- modern techniques**
ages 12 & up
- adult modern**
(beginner/intermediate)
ages 16 & up
- contemporary**
ages 12 & up



Hip Hop

In this street dance style, students will learn how to count music, dance to a rhythm, isolate different body parts, and learn distinctive hip hop movements. Our hip hop program allows students to broaden their creativity in a holistic way by exploring different styles such as breakdancing, popping, locking, tutting, and more.



Worship Dance

Worship dance embraces the gift of dance solely for praising the God who created us. The class gives dancers the opportunity to turn off everyday life, and enter into a time of prayer and worshipping Jesus through movement. It is our desire to glorify and give back to God the gift that He has given us!

- kinder worship**
ages 6-8
- junior worship**
ages 9-12
- teen worship**
ages 13-16
- adult worship**
ages 17 & up



- hip hop A**
ages 6 & up
- hip hop B**
ages 8 & up
- hip hop C**
ages 10 & up
- beginner hip hop**
ages 12-16
- advanced hip hop**
ages 13 & up
- adult hip hop**
(beginner/intermediate)
ages 16 & up





Tap

Tap allows students to understand musicality and rhythm. Tap classes at Cavod have emphasis on both Broadway and Hooper style tap. Quick footwork and minimal upper-body movement characterize Hooper tap, while Broadway tap is a more theatrical version of the genre.



Jazz

kinder tap
ages 4-6

tap A
ages 7 & up

tap B
ages 8 & up

tap C
ages 10 & up

tap D
ages 11 & up

advanced tap
ages 12 & up

adult tap (beginner)
ages 16 & up

adult tap (intermediate)
ages 16 & up



Jazz is an upbeat and energetic dance styles that is accompanied by jazz music, as well as music from theatrical productions. These classes focus on elements such as counting, timing, directional changing, spotting, body alignment, contractions, isolations, jumps, turns, and learning combinations.

jazz A/B
ages 8 & up

jazz C
ages 10 & up

advanced jazz
ages 12 & up

adult jazz (beginner/intermediate)
ages 16 & up





Intro to Dance

This weekly dance program caters towards teens and adults with developmental and intellectual disabilities. We believe that dance is an amazing tool to engage the mind and body, and to creatively express oneself no matter what their skill or ability is. Intro to Dance will explore several different types of dance throughout the year including ballet, jazz, modern, and hip hop.

intro to dance
ages 13 & up



Advanced Dance Program

The Advanced Dance Program is geared towards serious dancers working towards a pre-professional level of training to pursue dance at a collegiate level or as a career. The program encompasses all the genres we offer at Cavod. Our advanced instructors have trained rigorously all across the country.

ballet 5
ages 15 & up

advanced modern
ages 13 & up

modern techniques
ages 12 & up

advanced jazz
ages 12 & up

advanced tap
ages 12 & up

advanced hip hop
ages 12 & up



Acrobatic Arts, commonly known as Acro, is a style of dance that combines acrobatic and gymnastic elements with dance technique. It is known for its athleticism and seamless blend of dance and acrobatic skills. Classes cover skills such as cartwheel and handstand variations, walkovers, leaps, turns, intricate floor-work, flexibility skills, and acro-partnering.

Our tumbling program allows students to develop their overall body strength, flexibility, and tumbling skill sets. Skills learned in our these classes include forwards rolls, cartwheels, round offs, front and back-handsprings, walkovers, handstands, and aerials.

acro 1
ages 7 & up

acro 2
ages 10 & up

tumble tots
ages 3-4

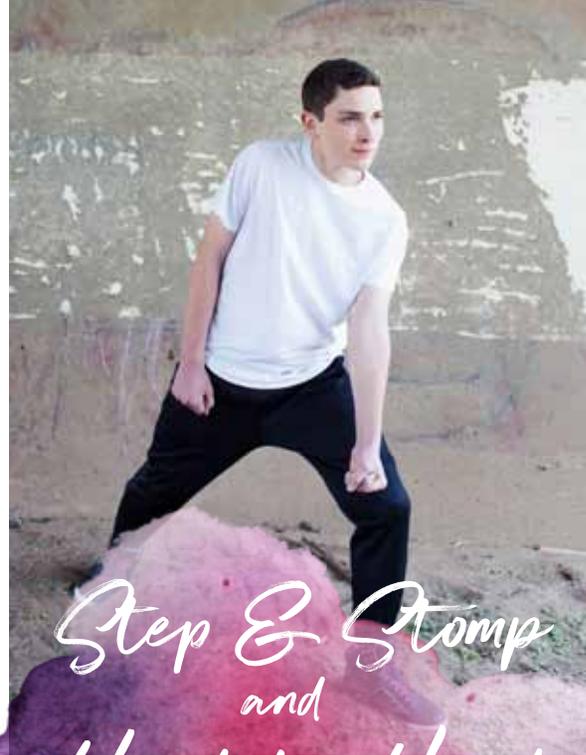
kindergym
ages 5-6

beginner tumbling
ages 7-12

beginner tumbling
ages 10 & up

intermediate tumbling
ages 10 & up

Acrobatic Arts & Gymnastics



Step & Stomp and Hand-to-Hand Combat

Step & Stomp is a blend of the two dance/physical theatre forms, Step Dance and Stomp. Step is a form of percussive dance in which the participant's entire body is used as an instrument to produce complex rhythms and sounds. Stomp (well known due to famous performance groups like "Stomp" and "The Blue Man Group") is a form of movement that uses the body and ordinary objects to create percussion, dynamic rhythms, and produce a physical theatre performance quality.

step & stomp
ages 12 & up

Hand-to-hand Combat is a self defense class from a Christian perspective. Students will grow physically and mentally through rigorous training in the art of discipline and respect and will gain an understanding perspective as they move through the ranks. They will also grow spiritually as they learn that God is their source and that He is the ultimate defense and the one to trust at all times.

hand-to-hand combat
ages 6-12

hand-to-hand combat
ages 13 & up





Early Arts

Early arts is a morning program for little ones that uses art, music, dance, and early academics specifically designed to provide a rich creative experience when children are most open to self-expression. Each month a new theme will be incorporated into class lessons. This program includes enrollment in a pre-primary dance class as well!

early arts exploration
ages 2.5-4 (2.5 by August 1st)



Acting Classes

This year, Cavod is raising the standard and revamping its acting program. Our new curriculum has been developed with a group of professors and professionals from theatres and colleges in Lancaster county. Our teachers are equipped to dive deep alongside their learners into the art of acting. We will give our students the tools to display and encounter emotions, characters, and tell stories in a healthy, biblical, and skillful way. Our thespians will grow through instruction, collaboration, exploration, and a lot of fun.

musical theatre
ages 10 & up

acting 1
ages 8 & up

acting 2
ages 10 & up

acting 3
ages 10 & up

Cavod Acting Company
coming in the 2020-21
school year

acting students' production

All Cavod students will have the exclusive opportunity to participate in Frozen Jr. to apply all that the students have been learning in acting, dance, and music.

- Rehearsals will take place weekends March through May
- Regular acting classes still run throughout the school year
- Exclusive to acting class students (ages 8-18)
- All students guaranteed a part
- Full 'Cavod Theatre' experience, including lights, sets, costumes, props!





Cavod Dance Company

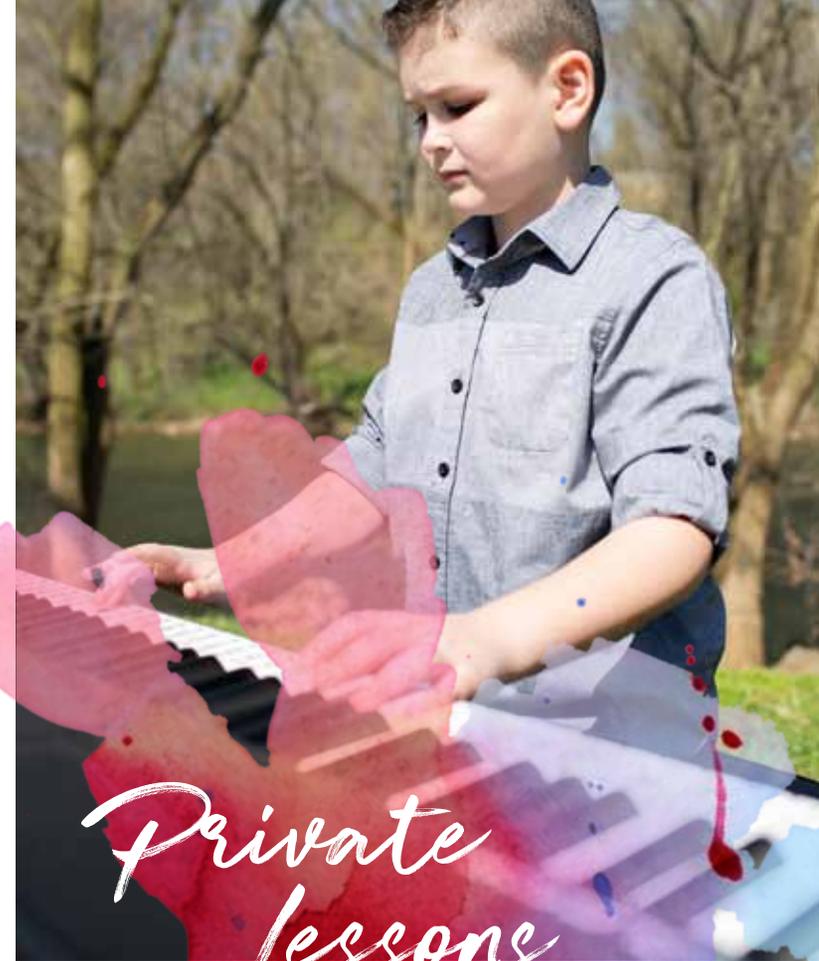
Cavod Dance Company is a contemporary-based dance company seeking to display the glory of God through dance.

The company is dedicated to revealing the hope and the transforming grace God gives us through Jesus to the surrounding community and beyond.





Music at Cavod



Private Lessons

Cavod offers private lessons in voice, piano, drums, and guitar. They are available for students with beginner to advanced skills levels. Lessons are specifically created to assist the student in achieving the goals they have set for themselves.

traditional piano
ages 6 & up

drums
ages 8 & up

guitar
ages 8 & up

voice
ages 12 & up

Events at Cavod

Cavod Birthday Parties

Parties at Cavod include:

party set up, a host, food options from our party menu, entertainment of your choice, clean up, and as a cherry on top the host will even carry the gifts to your car! All you need to bring is the cake.

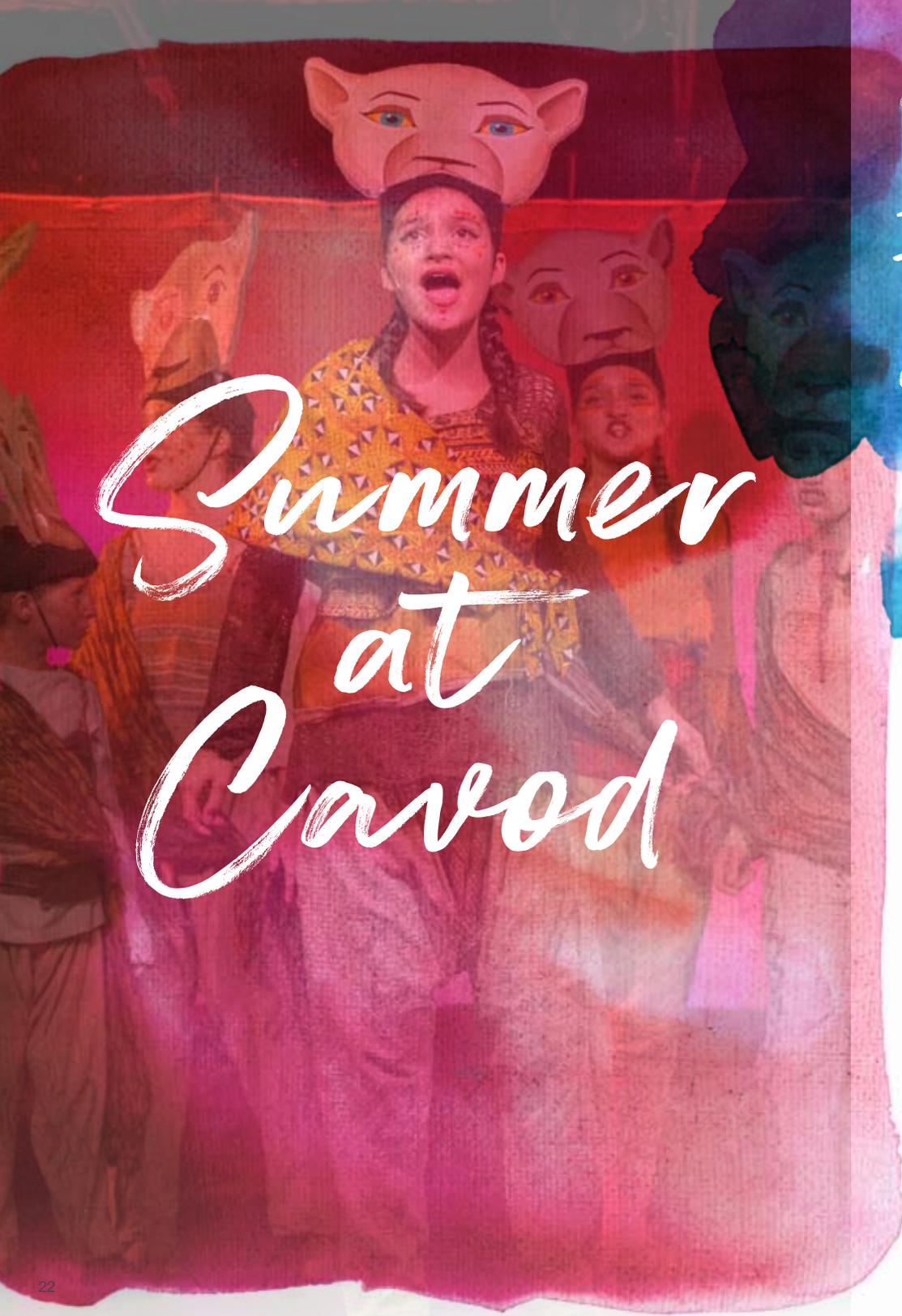
There is also a lounge available for parents to relax during the party.

Choose from fun themes like:

- Winnie the Pooh
- Alice in Wonderland
- Beauty and the Beast
- Aladdin
- Dr. Seuss characters

Cavod will be offering master classes throughout the school year in various genres such as ballet, contemporary ballet, modern, acro, fitness, and more. These classes will be taught by renowned artists, instructors, professional dancers, and company directors from the local area as well as guests from out of state. Check out our website and Facebook page to see what's coming up!

Master Classes



Summer at Cavod

Summer Dance Intensive

ages 10 & up

The summer dance intensive is a week of dance geared towards intermediate through advanced level dancers and features professional guest artists and teachers from all over the country! Each day will consist of classes in ballet and various styles of modern as well as jazz, hip hop, and more. To close out the intensive, learned repertoire will be presented in a showcase.

Summer Dance Series

ages 5 & up

Join us for a 4-week series of classes varying in ballet, contemporary, modern, jazz, and hip hop. All students are welcome, whether it's their first class or they are experienced! Throughout the series, students will expand their knowledge, grow in their technique, explore their creativity, and more!

musical theatre camp

ages 10-18

The two-week camp includes the following:

- Auditions
- Professional costuming, lighting, and music
- Optional professional show trip
- Master classes and practice
- Four performances

creative arts camps

ages 3-12

Summers at Cavod are filled with creativity and excitement! Each summer, we run creative arts camps for kids that include dance and gymnastics classes, arts and crafts, snack time, a closing performance, and a fun-filled, adventurous theme woven throughout the week.



Summer Camps



Cavod Theatre

Our
theatre
seats
225.

We are a community
of creatives impacting
culture through the
performing arts.

“We saw our first Cavod theatrical performance just recently! My husband and I were so impressed by the quality of the production—the acting and singing were top-notch. I was also impressed by the amazing, colorful costumes and props—a feast for the eyes!”

Debbie Felger Sobanski



Cavod Missions

With teams of artists, we share the love of Jesus through the performing arts, prayer, and personal testimonies both locally and internationally.

- 14 trips to various countries and states. Countless local outreaches.



Get Involved

Thank you for considering supporting Cavod and impacting our community!



Volunteer

If you are interested in assisting with any event or part of Cavod, please visit our website at cavod.org to fill out a Volunteer Interest Form or send us an email at info@cavod.org with your information and interests.

Donate

At Cavod, family and community are valued. Because of your support, we have been able to cultivate such an atmosphere. In order to continue in this endeavor, we must have your continued help. Together we have the opportunity to help change the culture of the arts.

Partner with Us

Cavod is a non-profit 501(c)3 organization

Give online at cavod.org

Make checks payable to **Cavod Academy of the Arts**
665 West Main Street
New Holland PA 17557



What is Cavod?

vision

Raising the Standard in
Godly Artistic Expression

mission

Offering a Godly environment that inspires
excellence in the arts to build community
and impact lives.

values

- Growing in Godly artistic expression
- Challenging individuals to achieve a high standard of excellence
- Encouraging all to walk in their God-given identity
- Creating a community where people can feel loved, safe, and accepted
- Worshipping Jesus in all that we do

cavod
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cavod.org

dance

theatre

gymnastics

music

fitness